

TITLE — RESOURCE	TYPE	WEB ADDRESS	APPROPRIATE AUDIENCE					
<i>Be a Man</i> – by Lary Richards	Book			✓		✓		
<i>Be Healed</i> – by Dr. Bob Schuchts	Book		✓	✓		✓	✓	
<i>Beyond the Birds and the Bees</i> – by Greg Popcak	Book		✓	✓				
<i>Boys to Men</i> – by Tim Gray and Curtis Martin	Book		✓					
<i>Breaking Free: 12 Steps to Sexual Purity</i> by Stephen Woods	Book			✓		✓		
<i>Contrary to Love: Helping the Sexual Addict</i> by Patrick Cames	Book			✓		✓	✓	✓
<i>Delivered</i> – by Matt Fradd	Book		✓			✓	✓	✓
<i>Every Man's Battle</i> – by Stephen Arterbum and Fred Stoeker	Book		✓	✓		✓		
<i>Every Young Man's Battle</i> by Stephen Arterbum and Fred Stoker	Book		✓	✓	✓			
<i>Forged</i> – by Jason Evert and Matt Fradd	Book					✓		
<i>Good Pictures, Bad Pictures Jr: A Simple Plan to Protect Young Minds</i> – by Kristen A. Jensen	Book		✓	✓	✓			
<i>Good Pictures, Bad Pictures: Pom-Proofing Today's Young Kids</i> by Kristen A. Jensen	Book		✓	✓	✓			
<i>Healing the Wounds of Sexual Addiction</i> – by Mark R. Laaser	Book			✓		✓	✓	
<i>In the Shadows of the Net</i> – by Patrick Cames	Book			✓		✓	✓	
<i>Integrity Restored: Helping Catholic Families Win the Battle Against Pomography</i> – by Peter C. Kleponis, Ph.D.	Book		✓	✓		✓	✓	
<i>Integrity Starts Here! A Catholic Approach to Restoring Sexual Integrity</i> – by Peter C. Kleponis, Ph.D.	Book			✓		✓	✓	
<i>Out of the Shadows</i> – by Patrick Cames	Book			✓		✓	✓	

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<i>Preparing your Son for Every Man's Battle</i> by Stephen Arterbum and Fred Stoeker	Book		✓	✓				
<i>Pure Eyes</i> — by Craig Gross and Steven Luff	Book			✓		✓	✓	
<i>Restored: True Stories of Love and Trust After Pom</i> by Matt Fradd	Book					✓	✓	✓
<i>Restoring Trust: A Couple's Guide to Getting Past Pom</i> by Peter C. Kleponis, Ph.D.	Book					✓	✓	✓
<i>Shattered Vows</i> — by Debra Laaser	Book						✓	✓
<i>The Pom Myth</i> — by Matt Fradd	Book		✓	✓		✓	✓	
<i>The Pomography Epidemic: A Catholic Approach</i> by Peter C. Kleponis, Ph.D.	Book		✓	✓		✓	✓	
<i>The Pomography Trap</i> by Ralph H. Earle, Jr. and Mark R. Laaser	Book		✓	✓		✓	✓	
<i>Theology of the Body for Beginners</i> — by Christopher West	Book		✓			✓	✓	✓
<i>TOB for Tots</i> — by Monica Ashour	Book		✓					
<i>Treating Pomography Addiction: The Essential Tools for Recovery</i> — by Dr. Kevin B. Skinner	Book			✓		✓	✓	
<i>Treating Trauma from Sexual Betrayal: The Essential Tools for Healing</i> — by Dr. B. Kevin Skinner	Book			✓				✓
<i>Wired for Intimacy: How Pomography Hijacks the Male Brain</i> — by William M. Struthers	Book			✓		✓		
<i>Wonderfully Made! Babies: A Catholic Perspective on How and Why God Makes Babies</i> — by Ellen Giangjordano	Book		✓		✓			
<i>Your Sexually Addicted Spouse</i> — by B. Steffens and M. Means	Book							✓
Bloom for Catholic Women	Program	<a href="https://www.BloomForCatholicWomen.com/">https://www.BloomForCatholicWomen.com/</a>					✓	✓
Envision: Theology of the Body for Middle School by Ascension Press	Program	<a href="https://AscensionPress.com/">https://AscensionPress.com/</a>	✓		✓			
Fortify	Program	<a href="https://www.JoinFortify.com/">https://www.JoinFortify.com/</a>				✓	✓	

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			PARENTS	CLERGY	YOUTH	MEN	WOMEN	SPOUSES
Integrity Restored Coaching Circle	Program	<a href="https://www.IntegrityCircleCoaching.com/">https://www.IntegrityCircleCoaching.com/</a>	✓	✓		✓	✓	✓
Integrity Restored Informed: Equipped individuals, families, churches, and communities	Program	<a href="https://shop.stewardshipmission.com/collections/integrity-restored">https://shop.stewardshipmission.com/collections/integrity-restored</a>	✓	✓		✓	✓	✓
Pietra Fitness	Program	<a href="https://www.PietraFitness.com/">https://www.PietraFitness.com/</a>				✓	✓	✓
Strive	Program	<a href="https://www.strive21.com/">https://www.strive21.com/</a>				✓		
Catholic in Recovery	Support Group	<a href="https://catholicinrecovery.com/">https://catholicinrecovery.com/</a>				✓	✓	
Recovering Couples Anonymous	Support Group	<a href="https://recovering-couples.org/">https://recovering-couples.org/</a>						✓
S-Anon International	Support Group	<a href="https://sanon.org/">https://sanon.org/</a>				✓	✓	✓
Sex Addicts Anonymous	Support Group	<a href="https://saa-recovery.org/">https://saa-recovery.org/</a>				✓	✓	✓
Sex and Love Addicts Anonymous	Support Group	<a href="https://slaafws.org/">https://slaafws.org/</a>				✓	✓	✓
Sexaholics Anonymous	Support Group	<a href="https://www.sa.org/">https://www.sa.org/</a>				✓	✓	✓
Bark	Website	<a href="https://www.bark.us/">https://www.bark.us/</a>	✓	✓				
Betrayal Trauma to Healing and Joy	Website	<a href="https://www.betrayaltraumatohealingandjoy.com/">https://www.betrayaltraumatohealingandjoy.com/</a>						✓
Canopy	Website	<a href="https://canopy.us/">https://canopy.us/</a>	✓	✓		✓	✓	
Catholic Psychotherapy Association	Website	<a href="https://catholicpsychotherapy.org/">https://catholicpsychotherapy.org/</a>	✓	✓		✓	✓	✓
Defend Young Minds	Website	<a href="https://www.defendyoungminds.com/">https://www.defendyoungminds.com/</a>	✓					
Enough Is Enough	Website	<a href="https://www.enough.org/">https://www.enough.org/</a>	✓					
Family Safe Media	Website	<a href="https://www.familysafe.com/">https://www.familysafe.com/</a>	✓					
Fight the New Drug	Website	<a href="https://fightthenewdrug.org/">https://fightthenewdrug.org/</a>		✓		✓	✓	

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Focus on the Family	Website	<a href="https://www.focusonthefamily.com/">https://www.focusonthefamily.com/</a>	✓					
Integrity Restored	Website	<a href="https://integrityrestored.com/">https://integrityrestored.com/</a>	✓	✓		✓	✓	✓
Integrity Restored Blog Posts	Website	<a href="https://integrityrestored.com/blog/">https://integrityrestored.com/blog/</a>	✓	✓		✓	✓	✓
Integrity Restored Podcast	Website	<a href="https://integrityrestored.com/podcasts/">https://integrityrestored.com/podcasts/</a>	✓	✓		✓	✓	✓
Internet Sex Screening Test (ISST)	Website	<a href="https://integrityrestored.com/self-test-for-internet-pornography-addiction/">https://integrityrestored.com/self-test-for-internet-pornography-addiction/</a>	✓	✓		✓	✓	✓
International Institute for Trauma & Addiction Professionals	Website	<a href="https://iitap.com/">https://iitap.com/</a>		✓		✓	✓	✓
LifeStar Network	Website	<a href="https://lifestarnetwork.com/">https://lifestarnetwork.com/</a>	✓			✓	✓	✓
National Center on Sexual Exploitation	Website	<a href="https://endsexualexploitation.org/">https://endsexualexploitation.org/</a>		✓		✓	✓	
Pure Hope	Website	<a href="https://purehope.net/">https://purehope.net/</a>	✓					
Setting Captives Free	Website	<a href="https://settingcaptivesfree.com/">https://settingcaptivesfree.com/</a>		✓		✓	✓	
Sex Help	Website	<a href="https://sexhelp.com/">https://sexhelp.com/</a>		✓		✓	✓	
The Institute for Marital Healing	Website	<a href="https://www.maritalhealing.com/">https://www.maritalhealing.com/</a>						✓
Theology of the Body Institute	Website	<a href="https://tobinstitute.org/">https://tobinstitute.org/</a>	✓	✓		✓	✓	✓
Covenant Eyes <i>[Use promo code INTEGRITY30 for discount]</i>	Website	<a href="https://www.covenanteyes.com/">https://www.covenanteyes.com/</a>	✓	✓		✓	✓	✓